



Weekday Exemplar Revision Timetable

- Create a revision timetable and stick to it
- We are creatures of habit. Stick to a routine.
- Aim to revise a minimum of 3 subjects per day [30 or 45 minute slots are advisable]
- Ensure that you are revising all subjects equally
- Plan topics to revise and ensure that you cover all the content, not just the 'easy' content
- Find a quiet place to study where you will not be disturbed
- Remove all distractions, especially mobile phones
- Revise in different ways; some examples are in the timetable below.
- If you are finding it difficult to motivate yourself to study, this timetable may be beneficial to you!
- There is no 'right' timetable. Create one that works for you.

Example of weekday study timetable

Time	Activity	Details
4:00 pm	Extra-Curricular activities	Do something you enjoy, such as playing an instrument or a sport
5:00 pm	Revision (eg. Physics)	Reviewing P1 notes Test yourself on the content and do some practice questions.
5:25 pm	Break	Take a short 5minute break to let the information sink in
5:30 pm	Revision (e.g. English lit)	Make flashcards on key quotes from Romeo and Juliet
6:00 pm	Dinner	Get something to eat and drink
7:00 pm	Homework / Revision	Complete any homework set that day
7:30 pm	Free Time	Chillout and do something to relax, like watching Netflix
8:00 pm	Revision (eg. History)	Make notes and spider diagrams on the Treaty of Versailles
9:00 pm	Finish work	Go relax! You've worked hard!
10:00 pm	Go to sleep	It's important!