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Supporting your child with home learning

If your child is off school or self-isolating, they will receive all the work that is going to be set by their teachers on the **TEAMS app** at the start of each day.

This enables them to plan out a clear schedule of what they want to achieve that week and helps to make their time off school as productive as possible.

Understandably, it is significantly harder to work from home and many children find they lack concentration and self-motivation. This does not apply to all students of course, but if you feel your child does struggle to work from home your input may be beneficial to them. Here are some quick and simple tips that you can use:

1. Encourage them to make a clear and realistic timetable at the start of the week, making sure to include: breaks, time for exercise and leisure and time to spend with family. They should be following the timetable they would be following in school- this includes being awake at a sensible time. (A sample copy has been provided)
2. Ask your child questions about what they have done that day. Quizzing them helps to consolidate their knowledge and be able to recall it. Flashcards are an effective way of doing this.
3. Ask your child to 'show' you what they have done and talk about how they have done it.
4. Encourage your child to set short term goals. This helps with the work management and ensures they don't begin to feel overwhelmed with their workload.
5. Talk with your child at the end of the week and encourage them to self-evaluate on how they think they've done that week and areas of their learning they struggled with. This enables them to revisit these topics and consolidate their knowledge in their spare time

We understand that as parents/ guardians you will have your own commitments and there is absolutely no expectation for you to be filling in for teachers and getting directly involved in the work set. We must become independent learners if we are going to be successful!

However, reminding us to stick to the timetable and that all the hard work will be worth it in the end may just help to keep us on track 😊

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