



# Year 10 Information Evening

Mrs Forde  
Head of Year

BELIEVE TO  
**ACHIEVE**

## St Damian's School Prayer

Heavenly Father,  
as we gather as a community,  
please help us to:

Learn with an open mind,

Speak only the truth,

Respect each other always,

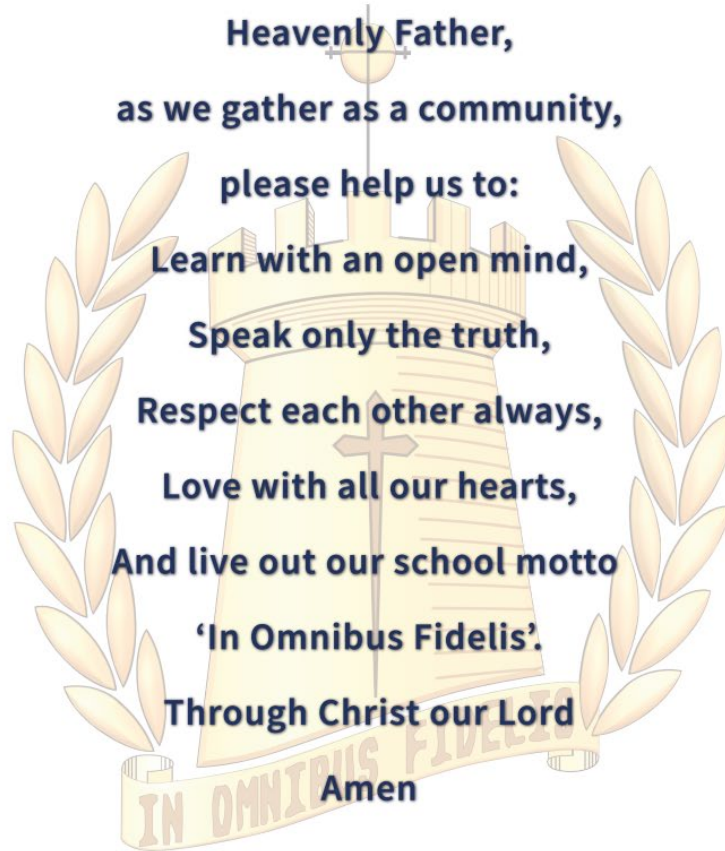
Love with all our hearts,

And live out our school motto

'In Omnibus Fidelis'.

Through Christ our Lord

Amen

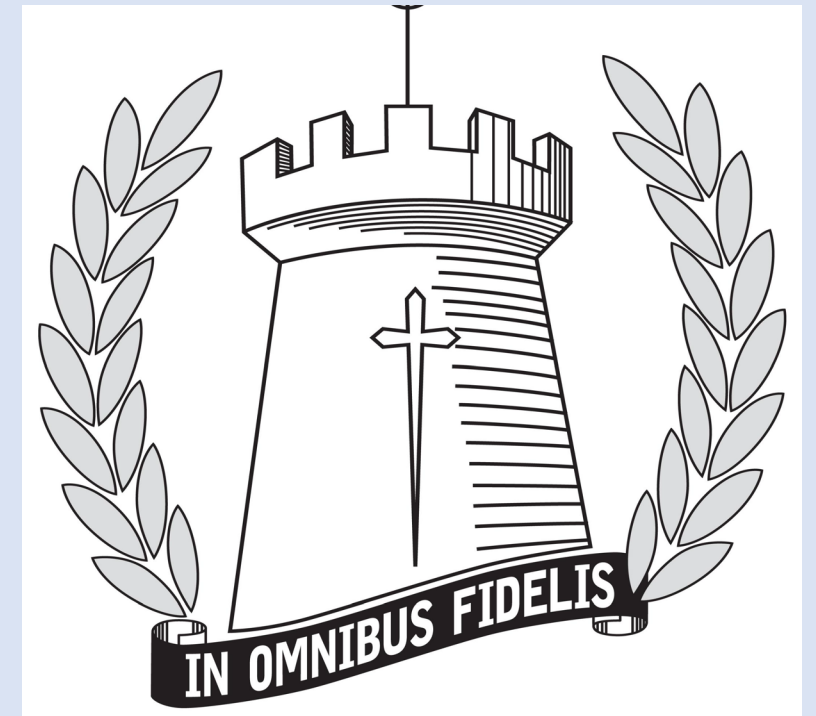


St Damian, Pray for us.



# ASPIRE System

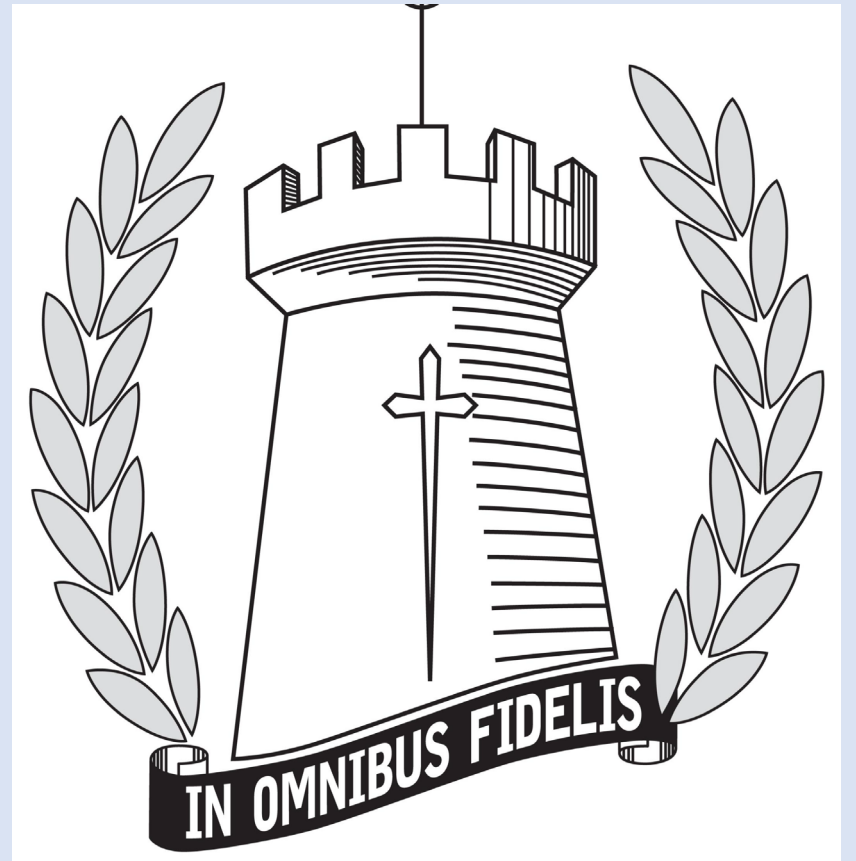
We have '5 Simple Rules'



# Uniform

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- Blazers & Jumpers are worn at all times
- Skirts must not be rolled up and must be of a reasonable length
- Black full-length school uniform tailored trousers (jeans/corduroy/PVC or tight-fitting trousers/leggings/jegging style are NOT permitted)
- No 'extreme' hair cuts are allowed; including fade aways
- No fake tan/ make up/ false eyelashes/ No jewellery
- Hair must be a 'natural colour'
- Plain black SHOES must be worn
- Plain black ankle socks



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## **Attendance at St Damian's**

**Good Attendance is 97% +**

**100% Attendance = NEVER ABSENT**

**The best chance of high GCSE grades & maximum progress**

**95% Attendance = 10 days absence**

**A fair chance of GCSE grades 5-9**

**90% Attendance = 19 days absence**

**Less than 50% chance of GCSE grades 5-9**

**High Achievers show high levels of resilience**

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# Year 10 Attendance at St Damian's.....

**Week 1 – 95.8%**

**Week 2 - 95.4%**

## Attendance and progress

P8 of <b>ALL</b>	<b>0.53</b>
P8 of attendance <b>ABOVE</b> 95%	<b>0.86</b>
P8 of attendance <b>BELOW</b> 90%	<b>-1.01</b>



# Attendance

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- Prize draws in Aspire Assemblies for 100% attendance
- Weekly tracking of form groups attendance
- Pupil responsibility to catch up on work they have missed
- Is often a cause of underachievement.



# Homework and Revision

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## Why?

- Commitment to learning
- Develop independent skills
- Practise and embed learning
- Independent study is linked to higher attainment.

## What if your child says they have not been set any?

- Read a book
- Go over notes from lessons that day/week
- Make sure any incomplete work is finished
- Use TEAMS/ SPARX/ Languagenut for independent study resources



# Good homework routines at home



- **Get your child to plan their evening**
- Try to **do homework on the night they get it** whilst the instructions are fresh in their mind & to avoid building up a back log
- It allows them to ask the teacher for help if they do not understand it **& to meet the deadline**

## **A few advisable 'ground rules'**

- **No need for social media** during homework time, leave the phone / laptop / iPad downstairs. It is too much of a distraction
- **If Internet access is required for homework, work downstairs** during homework time
- If homework is finished, take an interest and ask them to **show you** what they have done
- Opportunity for **positive feedback and dialogue with your child.**

# Study Club

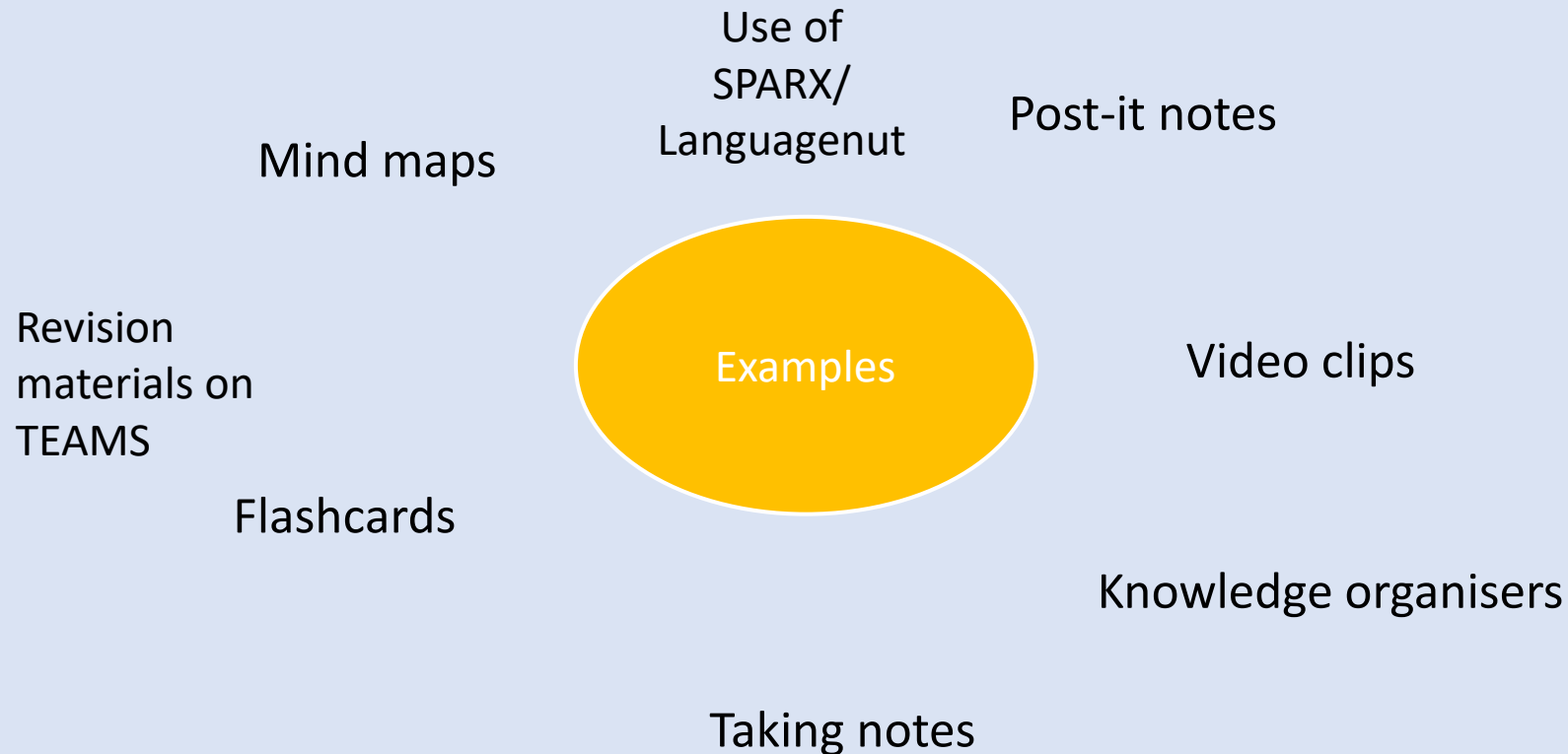
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- Pupils may be invited to attend a study club on a Tuesday 3.10pm – 4pm. This is for support and is **not** a sanction.
- The focus this term is on independent learning including revision and study skills and also prioritise organisation, so pupils are fully prepared for a positive start to Year 10.



# Revision Techniques

Your child will carry out a variety of different revision techniques across their subjects but it is important that your child finds the one/s that work for them!



# Revision- Top tips for parents

1. Encourage your child to make a revision timetable – and stick to it.
2. Make sure your child has a quiet space to work, with no distractions.
3. Help to find the method of learning and retaining information that works best for them.
4. Check the curriculum overviews, these can be found on our school website and gives you an insight of the components within each subject that your child is learning.
5. Search out revision apps and online resources – such as BBC Bitesize and SPARX.
6. Take an interest in what your child is studying- curriculum maps are all available online
7. Encourage them to break revision into manageable chunks and to take regular breaks in between revision sessions. It's far more effective to do 30 minutes of successful revision.
8. Encourage exercise, fresh air, healthy food and lots of sleep are crucial.
9. Help your child to keep everything in perspective. Remind them that the better they prepare and the more confident they feel in their subject knowledge the less stressed they will feel when the exams start.
10. Keep the kitchen cupboard stocked with delicious food. When the going gets tough children really appreciate a cup of tea and a few biscuits.



# Behaviour/Independent Study

A	Always
O	Often
S	Sometimes
R	Rarely

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# Year 10 assessment dates

- Week commencing 2<sup>nd</sup> October 23 – Standards checkpoint
- Week commencing 22<sup>nd</sup> November 23 – In class assessment
- Week commencing 29<sup>th</sup> April 24 – Two weeks of Year 10 Mocks





# Subject Revision Information



Subject	Revision Resources available to purchase	Useful websites
English	<p>Revision guides and workbooks available to purchase (Romeo &amp; Juliet, Power and Conflict, An Inspector Calls and A Christmas Carol)</p> <p>All students are given bespoke anthologies each half term which include a wealth of tasks/retrieval/texts/links to websites. These should be kept by the students and utilised for revision purposes.</p>	<p>Year 10 will be set up on Seneca this year.</p> <p>The more able students will be given access to Massolit.</p>
Maths	<p>Whilst revision guides can be purchased online, the department recommends free online resources, particularly, Mathswatch, SPARX and other websites as detailed on handout.</p>	
RE	<p>Revision Guide to support can be found on Your class TEAMS page free of charge and easily accessible. Alternatively, you can buy the hardcopy online - My Revision Notes WJEC Eduqas GCSE Religious Studies Route B.</p>	<p>See independent learning schedule provided</p>
Science	<p>Revision guides and workbooks can be bought through SIMS pay. Revision checklists will be given before every assessment. Revision homework's and exam questions are also given before the assessments.</p>	<p>BBC BITESIZE Edexcel</p> <p>GCSE Combined Science - Edexcel - BBC Bitesize</p> <p>Edexcel GCSE Combined Science Past Papers - Revision Science</p>
MFL	<p>Revision guide/workbook can be bought through SIMS pay</p>	<p>Quizlet.com Languagenut.com Languagesonline.com Seneca</p>
History	<p>AQA History revision guide £3 and AQA History Norman England (C1066-1100) Revision Guide £5</p>	<p>BBC Bitesize - History schoolshistory.com</p>
Geography	<p>Revision guide (£3.50) and revision flashcards (£4.50)</p>	<p><a href="https://senecalarning.com/en-GB/">https://senecalarning.com/en-GB/</a> <a href="https://www.bbc.co.uk/bitesize/examspecs/zy3ptyc">https://www.bbc.co.uk/bitesize/examspecs/zy3ptyc</a> <a href="https://www.internetgeography.net/aqa-gcse-geography/the-challenge-of-natural-hazards/">https://www.internetgeography.net/aqa-gcse-geography/the-challenge-of-natural-hazards/</a></p>
Food Technology	<p>CGP Food revision guide provided by teacher</p>	<p><a href="http://www.BBCbitesize.co.uk">www.BBCbitesize.co.uk</a> - AQA Seneca</p>
Construction	<p>-</p>	<p><a href="http://www.technologystudent.com">www.technologystudent.com</a></p>

# Microsoft TEAMS

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- Pupils must check TEAMS regularly; parents/ carers should check also
- Revision resources/ knowledge organisers/checklists
- If pupils say they have no homework there will be plenty of independent work they can compete using this as a support
- Pupils can also message staff on here if they have any queries but this must be used appropriately.



# Work Experience

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- 15<sup>th</sup> – 19<sup>th</sup> July
- Compulsory part of their Personal development
- Builds key employability skills
- Pupils/ Parents/ Carers are expected to arrange their own placement; these placements will then be externally checked through a company called 'Changing Education'
- When arranging placements please make sure that they have the correct insurance required for pupils under 16 (Small/ independent businesses rarely have this)
- Further information will be provided to pupils in November which will then be shared on TEAMs so that you can access it

# Pastoral Schedule

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Year 10</b>	Morning Prayers  <b>Pupil leadership &amp; Pastoral theme</b>  Chapel Assembly as per rota	Assembly  HOY led <u>incorporating</u> Spiritual theme	Morning Prayers  PSHE	Reflection Time  PSHE	Morning Prayers  Gospel Power- point sent by <u>MGR</u>  Form: Ach/ Beh points



# Pupil Leadership in Y7-10

- Form Captains
- Student Council
- GIFT team
- Eco leaders
- Career Ambassadors
- Reading Buddies; Y10
- STEM leaders; Y10
- Prefects; Y10

Developing Pupil Leadership skills helps pupils to become more confident and articulate 😊

**A**spiration

**S**uccess

**P**articipation

**I**nteraction

**R**espect

**E**nvironment

**Believe to Achieve!**

# Aspiring to be a prefect?



- Pupils write a letter of application.
- Letter should show why the pupil should be considered as a prefect:
  - ❑ Excellent attendance / punctuality
  - ❑ Excellent uniform
  - ❑ Excellent work ethic
  - ❑ Excellent attitude towards staff and peers
  - ❑ Excellent completion of homework to a high standard
  - ❑ Excellent involvement in wider school life

**Sanctions will be taken into account as part of the application process**

# Pupil Well-Being

- As we all know, there is a lot of pressure on young people today.
- The exam process has changed and sometimes it can all become a bit too much.

**At St Damian's we are here to help and support.**



# Pupil Well-Being

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## Agencies who offer help and support to Young People

**TOGMind/42nd Street**- Offer an innovative range of therapeutic services that can be tailored to meet both school, community, and individual needs. They offer 1-1 counselling support, support with 'Families in Mind' in an informal setting. 0161 330 9223 - located on Katherine Street, Ashton-Under-Lyne.

**Kooth.com** – is a free, safe and anonymous online support and counselling service for young people aged 11-18 years, to support with mental health.

**Young Minds Crisis Messenger** – provides free 24 hours crisis support. Text – YM to 85258 Text are free from most networks.

**Samaritians** are available 24 hours a day 365 days a year. Call 0116 123 or email [jo@samaritans.org](mailto:jo@samaritans.org)

**BEAT Youthline** – Offers online chat and telephone support to young people struggling with an eating disorder. Their helpline number is 0808 801 0711, open from 9am-8pm during the week and 4pm-8pm on weekends and bank holidays.

**HOPELINEUK** – is for young people experiencing suicidal thoughts. Call 0800 068 4141, 9am – 12am midnight every day of the year.

**SHOUT** – provides free confidential 24/7 message support for anyone who is struggling to cope and anyone in crisis Text SHOUT to 85258.

**ChildLine** provides confidential telephone counselling service for any child under 19 years. Call their 24-hour helpline 0800 1111.

## Support for parents of young people with mental health concerns.

**Samaritans** - 116 123 – Free to call 24 hours a day

**Childline** - 0800 1111 – Free to call 24 hours a day

**Teen Body Image and Self-esteem** – A practical guide for parents

**Young Minds parents Helpline** – for parents, guardians, and Carers – call 0808 802 5544





# Stress – How to handle it

- Take some time out
- Encourage exercise to promote hormones that actively counter stress
  - Ensure your child eats a balanced diet
    - Listen and empathise
    - Coping with exam stress leaflet
  - School to provide support using outside agencies
  - We have excellent support networks at St Damian's
- It is worth noting that pupil stress levels are usually higher if they are not well organised and keeping on top of things

# Contacting school



**Please do not ask for HOY or Headteacher straight away.**

**General concerns:**

**Homework, Friendship issues, trips info and holidays, missing items, uniform issues.**

**Form Tutor**

**If unable to resolve, the Form Tutor may refer the concern to the Head of Year.**

**A query about a particular subject / set issues:**

**Subject Teacher**

If unable to resolve the query, the Subject teacher may refer the concern to the **Subject Leader**

# How can parents support school?

- Work in partnership with the school
- Promote a good work ethic, high quality homework & independent reading
- Promote good behaviour, attendance and organisation
- Support the school's discipline & rewards policy
- Be involved and monitor
- Encourage responsibility
- Keep us informed

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